

A retrospective study of the prevalence and seasonal variation of *Fasciola gigantica* in cattle slaughtered in the major abattoirs of Zimbabwe between 1990 and 1999

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#### ABSTRACT

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A retrospective study covering a period of 10 years (1990–1999) was conducted using post mortem meat inspection records of the Veterinary Department Information Management Unit at Harare to determine the prevalence and seasonal variation of bovine fasciolosis in Zimbabwe. Records of monthly and annual returns from five major abattoirs were examined in regard to total cattle slaugh-tered and the corresponding number of livers condemned due to *Fasciola gigantica* infection.

Prevalence of fasciolosis was calculated as the number of cattle found to be infected with *F. gigantica*, expressed as a percentage of the number of cattle slaughtered. Seasonal variations in the prevalence were examined by pooling respective monthly condemnation data over a 10-year (1990–1999) period. A total of 2 474 232 cattle were slaughtered during this period and 917 565 (37.1 %) of these cattle were infected with *F. gigantica*. The pattern of distribution of *F. gigantica* was significantly higher in cattle originating from catchment areas of high rainfall than in those of relatively low rainfall, and in those slaughtered during the wet season than those slaughtered during the dry season (P < 0.05). Based on the study findings a control programme for the disease in Zimbabwe is suggested.

Keywords: Abattoirs, cattle, Fasciola gigantica, prevalence, seasonal variation, Zimbabwe

# INTRODUCTION

Surveys of livestock diseases and condemnation rates at slaughter can give a useful guide to the incidence of the less acute, chronic and mild diseases which occur in production animals in regions served by various abattoirs (Chambers 1987). Therefore, information gathered on animals slaugh-

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tered at an abattoir can be a convenient and inexpensive source of information (Roberts & Suhardono 1996). The data can be used to determine trends in prevalence and significance of the disease(s) especially where the reporting system is reliable (Roberts & Suhardono 1996).

In Zimbabwe, both commercial farmers and rural farmers in communal farming areas send their animals for slaughter to various abattoirs in the country. State meat inspectors routinely inspect the slaughtered animals and state public veterinary health officers supervise the inspection of the carcasses. The inspection is done independently of livestock and abattoir owners, and hence they do not have any influence on the inspection. The state keeps all the records. Prevalence of various diseases has

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been reported from data collected at abattoirs in Zimbabwe (Chambers 1987).

From the previous abattoir studies in Zimbabwe, the condemnation rate of livers due to *Fasciola gigantica* was 46.3% in 1986, with 527 tons of livers either condemned or trimmed (Chambers 1987) and the loss per head slaughtered amounted to Z\$ 3.45. A higher incidence of *F. gigantica* was reported in the higher rainfall areas (70%) than the drier areas

(25%) (Chambers 1987). Between 1988 and the first quarter of 1990, the condemnation rate ranged from 40.4% to 43.2%, with losses due to liver condemnation alone exceeding Z\$ 2 318 800 annually (Vassilev & Jooste 1991).

The objective of this study was to determine the prevalence and seasonal variation of *F. gigantica* in cattle, based on records of the major abattoirs in Zimbabwe during the period of 1990–1999.

TABLE 1 Annual rainfall and temperature for the catchment areas of the selected abattoirs

Abattoir	Catchment area (provinces)	Rainfall (mm) and [temperature (°C)] ranges	Geographical region
Bulawayo	Matebeleland North & South	450-600 [22-30]	Natural regions IV & V
Masvingo	Masvingo & Midlands	450-600 [22-30]	Natural regions IV & V
Kadoma	Midlands & Mashonaland West	500-700 [18-24]	Natural regions III, IV & V
Marondera	Mashonaland East & Manicaland	700-1 000 [18-22]	Natural regions I, II & III
Chinhoyi	Mashonaland East & Central	700-1 000 [18-22]	Natural regions II & III



FIG.1 Location of abattoirs in the different natural regions of Zimbabwe

## MATERIALS AND METHODS

### Sampling

A convenient sample of major abattoirs in Zimbabwe, based on livestock concentration and slaughter capacities, was selected for the study. These abattoirs are owned by the Cold Storage Company (a parastatal company) located in Bulawayo, Chinhoyi, Kadoma, Marondera and Masvingo. The catchment areas of the selected abattoirs cover the main provinces and natural regions of Zimbabwe with varying climatic conditions and they service both the communal and commercial sectors of the country with different cattle management practices (Table 1 and Fig. 1).

Meat inspectors perform the actual meat inspection and veterinary public health officers supervise the inspection of the carcasses. Meat inspection is done in the absence of livestock and abattoir owners and hence they do not have any influence on the inspection.

#### Data collection and analysis

Records of meat inspection available at the five abattoirs for the period starting January 1990 to December 1999 were used for this study. Records of monthly and annual returns from the abattoirs were perused in regard to total cattle slaughtered and the corresponding number of livers condemned due to *F. gigantica* infection. The prevalence rate (%) of *F. gigantica* was calculated monthly and annually for each abattoir. The overall prevalence for each catchment area was calculated from data collected over a 10-year period (1990–1999). Seasonal variations in the prevalence were examined by pooling respective monthly condemnation data over the 10-year (1990–1999) period.

## RESULTS

The results of the prevalence of *F. gigantica* in cattle according to abattoir and year are shown in Table 2 and the seasonal variations in prevalence are given in Table 3. Between 1990 and 1999, 2 474 234 cattle were slaughtered in the abattoirs and 917 565 livers (37.1%) were condemned due to *F. gigantica* infestation. The annual prevalence between 1990 and 1999 varied from approximately 28% to 42% and the prevalence was highest in 1991 (42.4%) and lowest in 1999 (27.6%). When the prevalence and mean condemnation rates of the disease for the first 5-year period (1990–1994) were compared with

those for the succeeding 5-year period (1995–1999), the first period had a significantly higher prevalence and condemnation rates (P < 0.05) than the succeeding period.

Marondera (prevalence of 44.9 %) and Chinhoyi (prevalence of 42.1 %) abattoirs serving the higher rainfall catchment areas had significantly higher prevalence and mean condemnation rates (P < 0.001) than the other abattoirs. When respective monthly figures from 1990–1999 were combined, the highest prevalence was 54.3% in February and December and the lowest was 17.8% in September. When the monthly figures were grouped into seasons, the wet season (November to April) had significantly higher prevalence and mean condemnation rates (P < 0.001) than the dry season (May to October) (Table 3).

# DISCUSSION

The prevalence of *F. gigantica* as observed in cattle slaughtered at the five main abattoirs in Zimbabwe (37.1%) was lower than that reported earlier by Chambers (1987) (46.3%) and by Vassilev & Jooste (1991) (40.4–43.2%). This variation can probably be attributed to the progressive intensification of veterinary and extension services in the country. This has probably made farmers more aware of fasciolosis and hence has accustomed them to apply regular anthelmintic treatment to their cattle. The decline in prevalence is further confirmed by the significantly higher prevalence rate of the disease for the first 5-year period (1990–1994) compared to that of the succeeding 5-year period (1995–1999) observed in the present study.

The prevalence of *F. gigantica* infection observed in cattle slaughtered in the main abattoirs in the country was much higher than that recorded as a result of the coprological examination of cattle (18.5 %) (Pfukenyi 2003). This variation could probably be due to the fact that reports in the abattoir study include livers damaged by immature fluke infection, which cannot be detected through coprological examination.

The pattern of distribution of *F. gigantica* was higher in catchment areas of high rainfall. The highest prevalence of the disease was found at Chinhoyi abattoir in Mashonaland West Province followed by Marondera abattoir in Mashonaland East Province. The present findings confirm earlier reports with regard to the prevalence of the fluke (Needham 1977; Davies 1982; Chambers 1987). In Kenya the

IABLE Z SUMMARY O	r intormation on i	Iver condemna	tions aue to	rasciola gigar	<i>nica</i> at varior	ls adattoirs i	n zimbabwe r	or the years	1990–1999		
Abattoir	1990	1991	1992	1993	1994	1995	1996	1997	1998	1999	Totals for 10 years
Marondera Total cattle slaughter Condemned livers (%	red 66 195 6) 48.8	57 229 48.8	56 343 47.2	47 955 42.5	67 088 35.5	57 633 49.1	55 108 43.0	59 388 42.3	16 451 56.1	1 1	483 390 44.9ª
<b>Chinhoyi</b> Total cattle slaughter Condemned livers (%	red 67 089 6) 50.7	59 042 47.4	50 828 44.2	67 237 47.0	46 828 39.8	48 115 45.7	56 164 40.1	65 909 38.6	51 696 34.8	63413 31.4	576 357 42.1ª
<b>Bulawayo</b> Total cattle slaughter Condemned livers (%	red 61 269 6) 36.1	63 624 39.5	47 716 40.1	66 184 35.6	52 389 28.3	55 190 37.5	64 635 36.8	58 673 25.1	39 014 34.8	58098 24.8	566 792 33.9 <sup>b</sup>
Kadoma Total cattle slaughter Condemned livers (%	red 60 251 6) 35.2	53 223 41.0	46 273 33.8	49 687 29.6	51 984 36.8	54 191 30.9	60 796 30.8	55 149 28.0	16 740 44.1	1 1	448 744 33.6 <sup>b</sup>
Masvingo Total cattle slaughter Condemned livers (%	red 51 331 6) 31.5	48 357 34.0	38 154 36.1	1 1	1 1	54 994 25.8	64 535 25.0	43 279 29.2	43 269 25.7	55068 26.2	398 987 28.8 <sup>5</sup>
Totals Total cattle slaughter Condemned livers (%	red 306 13 6) 41.1	5 281 475 42.4	239 764 40.8	231 063 39.1	218 289 35.0	270 123 37.7	301 238 34.8	282 398 33.1	167 170 35.5	176579 27.6	2 474 234 37.1
<sup>a, b</sup> Figures with a dif	ferent superscrip	t within the san	ne column fr	or total conderr	ined livers ar	e significant	ly different at	P < 0.05			
TABLE 3 Summary o	f seasonal variat	ion of liver conc	demnations	due to <i>Fasciol</i> έ	a gigantica at	: various aba	attoirs in Zimba	abwe for the y	/ears 1990–	1999	
	Wet season	-	-		-		ry season	-	-		-
Abattoir	Total slaughter	Mean live condemne	sd R	ange	Prevalen	ce (%) Ti	otal slaughter	Mean liv condem	ers ned	Range	Prevalence (%)
Marondera Chinhoyi Bulawayo Kadoma Masvingo Overall	252 043 337 059 289 869 213 521 197 032 1 289 524	2 668 2 812 2 812 1 801 1 475 2 187	75 77 00 00	+-7 813 7 891 6 172 +-5 629 +-5 919	54.0 50.0 41.6 43.9 35.2 45.6 <sup>a</sup>	~	231 347 239 262 276 923 235 223 201 955 184 710	1 692 1 231 1 193 1 193 947 1 248		0-6 091 0-5 306 0-4 612 0-3 309 0-6 091	35.1 30.9 25.8 24.4 22.5 27.8 <sup>b</sup>

<sup>a, b</sup> Figures with a different superscript with the same row for the overall condemned livers are significantly different at P < 0.05

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pattern of distribution of fasciolosis also reflected zones of high rainfall (Cheruiyot 1983; Kithuka, Maingi, Njeruh & Ombui 2002).

The intermediate host of *F. gigantica* in Zimbabwe is the freshwater snail, *Lymnaea natalensis* (Needham 1977; Davies 1982), which is the most common and widely distributed freshwater snail found in the country and can tolerate a wide range of conditions (Davies 1982; Makura & Kristensen 1991). It is found in a great variety of habitats including natural water bodies, reservoirs, ornamental ponds and even cattle drinking troughs (Davies 1982). The high prevalence of the disease in cattle slaughtered in Chinhoyi and Marondera abattoirs is probably attributed to the presence of numerous streams and manmade reservoirs in the catchment grazing areas (Davies 1982).

Fasciolosis has been described as enzootic in areas with a mean annual rainfall of over 1 016 mm (Dinnik & Dinnik 1963, 1964) and *L. natalensis* is widely distributed in such areas. The presence of the snail hosts is an important factor in the distribution of fasciolosis (Cheruiyot 1983). *Lymnaea natalensis* was found to be significantly more prevalent in the higher rainfall districts of the country than the drier districts (Pfukenyi 2003). This probably explains the pattern of distribution noted in the present study.

Abattoir studies in Tanzania failed to establish any significant difference in the prevalence rate of fasciolosis between the dry and wet seasons (Hyera 1984); this was attributed possibly to the small sample size of the data collected. In Nigeria, the seasonal prevalence was highest during the periods immediately before and after the onset of rains (Babalola & Schillhorn van Veen 1976) and immediately after the rainy season (Schillhorn van Veen, Folaranmi, Usman & Ishaya 1980). The pattern was more a reflection of the marketing policy of the cattle owners than of the epidemiology of fasciolosis. These reports are, however, contrary to our observations in the present study and those from Malawi (Mzembe & Chaudhry 1981), Sierra Leone (Asanji & Williams 1984) and Zambia (Pandey & Ahmadu 1998).

From our observations, the peak condemnation period due to chronic fasciolosis was during the rainy season between December and April. In Malawi, a high percentage of livers condemned due to fasciolosis were between December and July and a high prevalence of the mature parasites in cattle was recorded from December to April (Mzembe & Chaudhry 1981). A similar pattern was observed in Sierra Leone (Asanji & Williams 1984) and Zambia (Pandey & Ahmadu 1998). Hence, the eggs of mature parasites contaminate the environment during the period December to April. Findings of a significantly higher prevalence of *F. gigantica* during the wet season through coprological examination serve to further confirm the above observations (Vassilev 1994, 1999; Pfukenyi 2003).

In Zimbabwe, the snail population builds up during the beginning of the dry season with a temporary drop during the cold months of June and July and thereafter increases to reach a maximum in October (Shiff 1963; Chingwena 2002; Pfukenyi 2003). Similar observations have been reported in West Africa (McCullough 1965; Schillhorn van Veen 1980), Malawi (Mzembe & Chaudhry 1979) and Nepal (Morel & Mahato 1987). It is during the peak in the population that the greatest numbers of snails are liable to infection by F. gigantica miracidia and the fluke cycle progresses to the cercarial stage towards the end of winter and beginning of spring (Davies 1982). Investigations of the life cycle of F. gigantica in Malawi also indicated that the cercariae are released from July to October and cattle are thus exposed to a high level of infestation from August onwards (Mzembe & Chaudhry 1979). Therefore, metacercariae ingested by cattle from July onwards leads to a high prevalence of chronic fasciolosis recorded in December to April.

Treatment is still the main method for controlling fasciolosis (Roberts & Suhardono 1996). Several anthelmintics are effective against cattle liver flukes. However, some anthelmintics are only effective against mature stages (Spithill, Smooker & Copeman 1999). Triclabendazole is a novel anthelmintic, which has been found to be effective against adult and immature stages of *F. hepatica* (Boray, Crowfoot, Strong, Allison, Schellenbaum, Von Orellin & Sarasin 1983; Wolff, Eckert, Schneiter & Lutz 1983) and *F. gigantica* (Suhardono, Widjajanti & Carmichael 1991; Waruiru, Weda & Munyua 1994; Spithill *et al.* 1999). Clorsulon also has high efficacy against mature and immature *F. gigantica* (Spithill *et al.* 1999).

Based on findings from this study anthelmintic treatment should be administered in December/January to control chronic and mature fasciolosis. A second treatment should be given in April/May to reduce pasture contamination and subsequently snail infection, as this is the time the snail population starts to build up. To control acute fasciolosis a third treatment may be given in August. However, this approach would only work if all the communal grazing animals are treated at the same time with efficient anthelmintics.

Clinical trials carried out in the Netherlands were highly indicative of the presence of triclabendazoleresistant *F. hepatica* in sheep and cattle (Moll, Gaasenbeek, Vellema & Borgsteede 2000). Gaasenbeek, Moll, Cornelissen, Vellema & Borgsteede (2001) subsequently reported and confirmed the presence of triclabendazole-resistant *F. hepatica* strains in sheep from a cattle and sheep farm in the Netherlands. Hence indirect measures aimed at reducing the snail population in the environment and reducing chances of the animal's exposure to the snail-infested areas should be pursued.

In Malawi, Mzembe and Chaudhry (1981) recommended the application of molluscicides in June, the time when the snail harbours the parasite and a second application in September in order to kill new generations of infected snails. This proposed intermediate host snail control method could also probably be applicable to Zimbabwe as the population dynamics of the snail hosts are similar. However, molluscicides have mainly been used or recommended for use in dams because the more extensive habitats such as rivers and irrigated rice fields make the cost prohibitive and also because of the adverse effects of some molluscicides on non-targeted animals and plants in the habitat (Spithill et al. 1999). Therefore, attempting to control the snails using molluscicides, especially in the highveld would prove to be impractical due to the widespread distribution of the snail habitats, the high biotic potential of the snails and the recurrent labour and equipment costs.

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